

# Human Rights & Spanish

## High School Special Schedule Argentina | 2 weeks

Welcome to our High School Special Human Rights Project in Argentina! Are you ready for a once-in-a-lifetime experience working with the local community and exploring this beautiful country?

### Programme Goals:

#### ▶ Internship experience:

Embrace a multifaceted approach using research, education, cultural immersion, and community engagement to develop your understanding of human rights principles. Each week we will cover a new topic as we look at the history of human rights in Argentina and the right to identity, privacy and security in a digital context. It's time to learn, share and to inspire change.

#### ▶ Cultural Immersion:

Immerse yourself in the rich culture of the country. After your volunteer work, improve your Spanish language skills to help communicate better with local people. Delve into the vibrant Argentinian culture by witnessing traditional dances, engaging in conversations with locals, and indulging in the diverse flavors of traditional cuisine. Explore the Argentina's history and heritage by visiting historical landmarks, experiencing the warmth and hospitality of local communities, and creating unforgettable memories along the way.

#### ▶ Awareness outreach

Time to put to practice all that you have learnt. Prepare and lead presentations and discussions on Human Rights issues in schools and communities. Use Spanish in a personal and professional context.



2 WEEKS



## Day 1

### Sunday Arrival in Argentina

You will fly into Cordoba International Airport (COR). A Projects Abroad staff member will be waiting to greet you when you arrive. You will then travel about half an hour to the office, where you'll be introduced to the team and shown around.

After this quick introduction, you'll then be taken to your host family's house, which is usually close by. You'll be welcomed with open arms and a warm meal!



### Highlights

- ▶ 20 Service Hours
- ▶ 20 hours of Spanish lessons
- ▶ Opportunity to increase awareness on Human Rights issues.
- ▶ Be Immersed in Argentinian culture
- ▶ Explore Cordoba
- ▶ Offset your carbon footprint

### Accommodation

Host family - sharing with other volunteers

### Transport

Private bus, taxi, and by foot

### Meals

Most meals provided at the host family. Some lunches will be packed lunch and some dinners will be at restaurants.

### Timings

This schedule is subject to change, however you will be advised in advance regarding the times for the activities. This may differ from day to day depending on the activity and progress of the volunteer work.

### Responsible Travel

We offset 100% of carbon emissions associated with your in-destination transport. We're committed to being fully climate-positive by 2024!

By volunteering with us you're helping reforestation efforts, protecting existing forests and providing employment to local communities around the world.

## Day 2

### Monday Induction

#### Morning:

After breakfast, you will be collected from your host family and travel 20 minutes to the Projects Abroad office where you will be briefed on the Human Rights project, your schedule, and get an introduction to Argentine culture.

#### Afternoon:

Eat a traditional lunch at a local restaurant before taking a city tour on a double-decker bus in downtown Cordoba. Return to your host family afterwards for a delicious dinner and some much-needed rest.

## Day 3

### Tuesday

#### Morning:

Your first week focuses on learning about the history of Human Rights in Argentina. Journey back in time as you learn about the history of state terrorism in Argentina (right-wing death squads against left-wing guerrillas and political dissidents) through an 'Introduction to Human Rights and Argentina History' workshop.

#### Afternoon:

Return to your host family for lunch. Pause for a reflective moment as you review your morning session and make notes in your personal reflective journal. Join your teacher with your first few hours of Spanish lessons.

#### Evening:

Unwind with some tango dance steps and embrace the culture.

## Day 4

### Wednesday

#### Morning:

Explore Campo de La Ribera - a former clandestine detention, torture, and extermination centre which was a key feature during the times of state terrorism.

#### Afternoon:

Anticipate a moment of reflection as you recap your morning session and jot down thoughts in your journal. Immerse yourself in your afternoon Spanish lessons.

#### Evening:

Share about the events of your day as you enjoy dinner with your host family.

## Day 5

### Thursday

#### Morning:

Visit D2 Secret Detention centre, a former clandestine prison used for torture. Discuss and begin to process a campaign to promote human rights issues.

#### Afternoon:

After a well-prepared lunch at the host family, record your impressions in your journal. Then dive deep into Spanish lessons as you endeavor to become fluent in a new language.

#### Evening:

Indulge in an afternoon snack at the Mona Jiménez Bar Museum. Grab a pizza for dinner before returning home to rest.

## Day 6

### Friday

#### Morning:

You will be trained in the creation of digital campaigns and be challenged to create a digital campaign as an individual or in a group for various social media platforms, as you compete for views and likes.

#### Afternoon:

Enjoy lunch at the host family. Take time to relax and reflect before heading back to the office for your Spanish lessons.

#### Evening:

Enjoy dinner with your hosts and prepare for the weekend!

## Day 7

Saturday

### Full Day:

Visit the Eden Hotel in La Falda. Created by German hands at the beginning of the 20th century, it's supernatural charm attracts ghost hunters and supernatural enthusiasts. With its mystical tales, this historical retreat becomes an exciting place, combining spooky legends with a touch of adventure amid the scenic beauty of the Sierras de Córdoba.

## Day 8

Sunday

### Full Day:

Travel to the picturesque city of Villa Carlos Paz. Enjoy scenic delights and cultural experiences. The journey will include a thrilling ascent on the Aerosilla, providing panoramic views of the surrounding landscape.

Upon return to Cordoba, the adventure continues at the Paseo de los Artesanos in Guemes, where an array of local crafts awaits. Here, there's a chance to indulge in souvenir shopping, capturing the essence of the trip in unique, handmade treasures.

## Day 9

Monday

### Morning:

This week you will focus on the right to identity, privacy and security in a digital context. Enjoy an interactive presentation by a cybersecurity expert and learn about its related rights. Prepare a campaign, including a survey questionnaire to gauge public opinion on the right to identity, privacy and security in a digital context.

### Afternoon:

Head back to your host for a homemade lunch while contemplating the insights from the morning session for your reflective journal. Enjoy your Spanish lessons as you increase your vocabulary.

### Evening:

Enjoy dinner as you unwind with the host family and fellow volunteers.

## Day 10

Tuesday

### Morning:

Conduct your survey questionnaire at the national parade, mall or tourist centre where you are able to get a highly representative sample of the population.

### Afternoon:

Input information into your journal, then immerse yourself in your lessons as you increase your Spanish fluency.

### Evening:

Enjoy a hands-on cooking class. Learn to craft traditional Argentine empanadas.

## Day 11

Wednesday

### Morning:

Today we will analyze your survey data and complete plans for your awareness campaign. You will also work on creating an artistic piece which relates to your research. This will go on display at Campo de La Ribera for the public to see.

### Afternoon:

Embrace your creative side and add Spanish jingles or songs to finalize your campaign.

### Evening:

Reflect, unwind, and relax at the host family, as you have a full day tomorrow.

## Day 12

Thursday

### Morning:

Journey to a daycare centre to share your campaign and statistics with community members about the right to identity, security and privacy in a digital context.

### Afternoon:

Grab your lunch at the host family, pause to reflect in your journal, and then get right into your Spanish lessons. Learning continues.

### Evening:

Join staff and watch a football match at the local stadium. Experience the passion that drives Lionel Messi!



## Day 13

Friday

### Morning:

Head to the Campo de La Ribera where you will hand over your artistic piece. This former detention centre regularly accepts artworks from schools, artists and the general public for exhibitions.

### Afternoon:

Enjoy lunch with your hosts, reflect in your journal, and celebrate how fluent you feel as you continue your Spanish lessons.

### Evening:

The whole group gets together for a Party Night! There will be a horror themed costume party. Make sure to pack an outfit that will stand out.

## Day 14

Saturday

Have a relaxed morning with your host family. Enjoy lunch before heading to the Patio Olmos Mall.

At the mall you will find a vibrant complex with various attractions. You'll get to enjoy a trampoline park, virtual reality games, a racing track, bowling and an escape rooms! It'll be an amazing opportunity to let loose, challenge yourself and have some fun with your new friends.



### Want to learn more?

We'd be happy to talk to you and and and answer any questions you may have. You can call or email our team, or use the 'live chat' feature on the Projects Abroad website.

General inquiries: [info@projects-abroad.org](mailto:info@projects-abroad.org)

### Social Media

-  [@projectsabroadglobal](https://www.instagram.com/projectsabroadglobal)
-  [@projectsabroad](https://www.facebook.com/projectsabroad)
-  [@projectsabroad](https://www.tiktok.com/@projectsabroad)
-  [@projectsabroad](https://twitter.com/projectsabroad)

## Personal Achievements



- ▶ Completed a total of 20 service hours.
- ▶ Gained Intermediate Spanish proficiency through 20 hours of lessons
- ▶ Engaged in advocacy for human rights and empowered persons to become agents of change in their communities.
- ▶ Helped school children and local citizens understand the importance of human rights to all.



### Student Learning Outcomes

#### Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

#### Leadership Development

Students will be pushed out of their comfort zones, experiencing new challenges each day. They will build their confidence and resilience through team activities and new life experiences.

#### Healthy Active Living

Students will be encouraged to prioritise their self-care, enhancing their physical and mental well-being.

#### Empowerment

Students will be empowered to think for themselves, challenging the "status-quo" and cultivating transformative decision-making mindsets.

#### Global Citizenship

Students will be exposed to new perspectives, engage with real-world challenges and contribute to sustainable development initiatives.

# Human Rights & Spanish

## High School Special Schedule Argentina | 4 weeks

Welcome to our High School Special Human Rights Project in Argentina! Are you ready for a once-in-a-lifetime experience working with the local community and exploring this beautiful country?

### Programme Goals:

#### ▶ Internship experience:

Embrace a multifaceted approach using research, education, cultural immersion, and community engagement to develop your understanding of human rights principles. Each week we will cover a new topic as we look at the history of human rights in Argentina, the right to live in a healthy environment and the right to identity, privacy and security in a digital context, and the right to education. It's time to learn, share and to inspire change.

#### ▶ Cultural Immersion:

Immerse yourself in the rich culture of the country. After your volunteer work, improve your Spanish language skills to help communicate better with local people. Delve into the vibrant Argentinian culture by witnessing traditional dances, engaging in conversations with locals, and indulging in the diverse flavors of traditional cuisine. Explore the Argentina's history and heritage by visiting historical landmarks, experiencing the warmth and hospitality of local communities, and creating unforgettable memories along the way.

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4 WEEKS



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### Highlights

- ▶ 40 Service Hours
- ▶ 40 hours of Spanish lessons
- ▶ Opportunity to increase awareness on Human Rights issues in schools.
- ▶ Be Immersed in Argentinian culture
- ▶ Visit to the Jesuit Block and Estancias of Córdoba - UNESCO Heritage site
- ▶ Offset your carbon footprint

### Accommodation

Host family - sharing with other volunteers

### Transport

Private bus, taxi, and by foot

### Meals

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## Day 15

Sunday

### Full Day:

It's time to explore nature! The group will travel to Unquillo, a beautiful town located in the foothills of the Sierras Chicas mountains.

You will be taken on a hike through the Reserva Hídrica Recreativa Natural y Municipal Los Quebrachitos. This 5,000-hectare reserve is home to a variety of hiking trails, ranging from easy to challenging.

## Day 16

Monday

### Morning:

Visit a vulnerable neighborhood, where basic services are lacking and there is substandard housing and infrastructure. Observe living conditions, talk to people in the community and then discuss the right to live in a healthy environment. This is an essential right, especially for people living in informal settlements. Your third week will focus on this theme.

### Afternoon:

Continue your Spanish lessons, there is much more to learn.

### Evening:

Relax and enjoy a delicious dinner with the host family.

## Day 17

Tuesday

### Morning:

It's your time to investigate a little more and create a campaign to help clean the environment. It must also educate and find ways to improve life in the community.

### Afternoon:

Dine with fellow volunteers at the host family as you record reflections on the morning session. Continue your Spanish classes at the office.

### Evening:

Enjoy traditional games like "Dados", "Truco" and "Tejo" before a delicious dinner

## Day 18

Wednesday

### Morning:

Jump in and do your part to create a healthy environment as we embark on a garbage collection campaign in "Los 40", a neighbourhood where garbage collection services are often absent.

### Afternoon:

Enjoy lunch with fellow volunteers while discussing and recording insights from the morning session. Immerse yourself in your Spanish lessons; there's still much ground to cover.

### Evening:

Rest and relax with your host family.

## Day 19

Thursday

### Morning:

Educate the residents of "Los 40" as we launch a campaign to increase awareness around the right to a healthy environment.

### Afternoon:

Express yourself in Spanish as you cover more lessons and embrace the language.

### Evening:

How are those Spanish classes going? Today is the time to go to the movies. There are Spanish and English options available. Join your host family for dinner afterwards.

## Day 20

Friday

### Morning:

Engage in a review session. Document your experiences of the week and analyse the tasks you have completed. Assess the effectiveness of the campaign and agree on methods to ensure sustainability.

### Afternoon:

Return to the office for fun and interactive Spanish lessons.

### Evening:

Lomito Night... This is a popular Cordoba sandwich made with grilled beef, cheese, ham, fried egg, tomato, lettuce, and various dressings. Enjoy!



## Day 21

Saturday

### All day

Embark on an adventure to the city of Alta Gracia. A highlight of the journey includes a visit to the Che Guevara Museum, dedicated to the iconic revolutionary figure Ernesto "Che" Guevara. Additionally, explore the Estancia Jesuítica, a significant Jesuit estate that bears witness to Argentina's colonial history. Delve into the architectural marvels and cultural importance of this Jesuit settlement, offering a captivating glimpse into the region's past.

## Day 22

Sunday

### All day

Rest and relax with your host family in the morning. Then join an afternoon tour through the city of Cordoba. We'll start with a snack of tortas fritas - a fried pastry that is a favourite among Argentinians. Visit Parque de la Biodiversidad, a conservation park where you can see a variety of animals cared for and respected.

How much do you know about the city? We will discover its secrets while playing a game - "City Hunt".

In the late afternoon, stroll through the Paseo de los Artesanos, a street lined with stalls selling handicrafts from local artisans.



## Day 23

Monday

### Morning:

Your final week will focus on the right to education. Dig into research as we prepare to learn through debates. Prepare and share your perspective on the given moot.

### Afternoon:

Deepen your involvement in your Spanish lessons; there is still more to learn.

### Evening:

Relax and enjoy a delicious dinner with your host family.

## Day 24

Tuesday

### Morning:

Brainstorm and plan the content and format of a grand mural that depicts the right to an education. Let's put our heads together and our pens on paper.

### Afternoon:

Reflect on the morning session before joining more Spanish lessons.

### Evening:

Relax with your host family.

## Day 25

Wednesday

### Morning:

Embark on a colorful crusade as we transform walls of the local school into a testament to the right to education.

### Afternoon:

Hurry home for lunch before learning more Spanish phrases.

### Evening:

Enjoy dinner with your host family as you relax for the evening.

## Day 26

Thursday

### Morning:

Resume your work creating a mural promoting the right to education. The message comes alive with each brush stroke. Advocacy at its best!

### Afternoon:

Continue your Spanish lessons as you advance in this new language.

### Evening:

Meet with local teens for a 'mateada' – a unique social gathering where stories and laughter blend with the rich taste of a herbal tea called 'mate'. Immerse yourself in this authentic intercultural exchange and create unforgettable memories in the heart of Argentina.

## Day 27

Friday

### Morning:

Leave a legacy as we enter the inauguration and unveiling of the mural. Do your part to make the ceremony a success.

### Afternoon:

Join your final Spanish lessons.

### Evening:

Let's have fun! Celebrate all you've achieved with a farewell meal and party.

## Day 28

Saturday

### All day

The group members will likely be departing at different times, therefore day 27 and 28 may not be the same for everyone.

Your exact departure plan will be communicated with you directly by our local team. If you have longer to wait around, we will ensure you are comfortable and well taken care of. You will have the continued support of Projects Abroad staff right until you are safely at the airport to board your plane back home.

## Personal Achievements



- ▶ Completed a total of 40 service hours.
- ▶ Gained Intermediate Spanish proficiency through 40 hours of lessons
- ▶ Engaged in advocacy for human rights and empowered persons to become agents of change in their communities.
- ▶ Helped school children and local citizens understand the importance of human rights to all.



### Student Learning Outcomes

#### Intercultural Competence

Students will be immersed in different cultures, gaining an understanding of their role within our global community and developing a deeper cultural awareness.

#### Leadership Development

Students will be pushed out of their comfort zones, experiencing new challenges each day. They will build their confidence and resilience through team activities and new life experiences.

#### Healthy Active Living

Students will be encouraged to prioritise their self-care, enhancing their physical and mental well-being.

#### Empowerment

Students will be empowered to think for themselves, challenging the "status-quo" and cultivating transformative decision-making mindsets.

#### Global Citizenship

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### Want to learn more?

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### Social Media

