



## Example Itinerary Childcare & Community Work in Tanzania

\*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, need of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the projects.

DAY NO.	WEEKDAY	ТІМЕ	ΑCTIVITY
1	Sunday	All day	ARRIVAL: Arrival all day. Pick up from the airport and transfer to accommodation
2	Monday	Morning	• Breakfast, followed by local area orientation of Arusha and project introduction.
		Afternoon	<ul> <li>Welcome lunch at a local restaurant, followed by a trip to the shops to change money and set up local phones.</li> <li>Teaching strategy training session - Hawa Kipilili</li> </ul>
		Evening	• Dinner at host family
3	Tuesday	Morning	Breakfast, followed by orientation and introduction to Maasai school.
		Early Afternoon	• Lunch at home
		Afternoon	Cleaning, painting and renovations at Maasai school
		Evening	• Dinner and relax at home
4	Wednesday	Morning	• Breakfast, followed by teaching, games and feeding at Maasai school.
		Early Afternoon	• Lunch at home
		Afternoon	• Educational activities with the children at the care placement
		Late Afternoon	• Swahili and cultural workshop
		Evening	• Dinner, followed by traditional drumming and dancing at Via Via
5	Thursday	Morning	• Breakfast, followed by teaching, games and feeding at Maasai school.
		Early Afternoon	• Lunch at home
		Afternoon	Painting and renovation at Maasai school
		Evening	• Dinner & games at host family
6	Friday	Morning	• Breakfast, followed by teaching, games and feeding at Maasai school.
		Early Afternoon	• Lunch at restaurant
		Afternoon	Painting and renovation at Maasai school
		Late Afternoon	Shopping for supplies for safari
		Evening	Dinner and an early night before the weekend activities
7	Saturday	All day	Trip to Tarangire National park for safari
8	Sunday	All day	Hiking to Meru Waterfalls
9	Monday	Morning	• Breakfast, followed by teaching, games and feeding at Maasai school.
		Early	• Lunch at home
	Monday	Afternoon	
	Monday	Afternoon	<ul> <li>Painting and renovation at Maasai school</li> </ul>
	Monday	Afternoon	<ul> <li>Painting and renovation at Maasai school</li> <li>Dinner and relax at home</li> </ul>
	Monday	Afternoon	
10	Monday Tuesday	Afternoon Afternoon Evening	Dinner and relax at home
10		Afternoon Afternoon Evening Morning Early	<ul> <li>Dinner and relax at home</li> <li>Breakfast, followed by teaching, games and feeding at Maasai school.</li> </ul>
10		Afternoon Afternoon Evening Morning Early Afternoon	<ul> <li>Dinner and relax at home</li> <li>Breakfast, followed by teaching, games and feeding at Maasai school.</li> <li>Lunch at home</li> </ul>
	Tuesday	Afternoon Afternoon Evening Morning Early Afternoon Evening	<ul> <li>Dinner and relax at home</li> <li>Breakfast, followed by teaching, games and feeding at Maasai school.</li> <li>Lunch at home</li> <li>Local cooking class followed by dinner.</li> </ul>
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